

Farewell to Janis

Kim Richards

Janis Dorfman (53), the uncrowned spinning queen of Gauteng and Parktown North resident, died on October 24 of lung cancer in London.

Her husband, Malcolm Dorfman, the owner of a karate no michi studio, said,

"As I held my wife in my arms, she whispered her dying words, 'I love you.'

"Her adventurous spirit, enthusiasm and determination filled me with pride which will last forever."

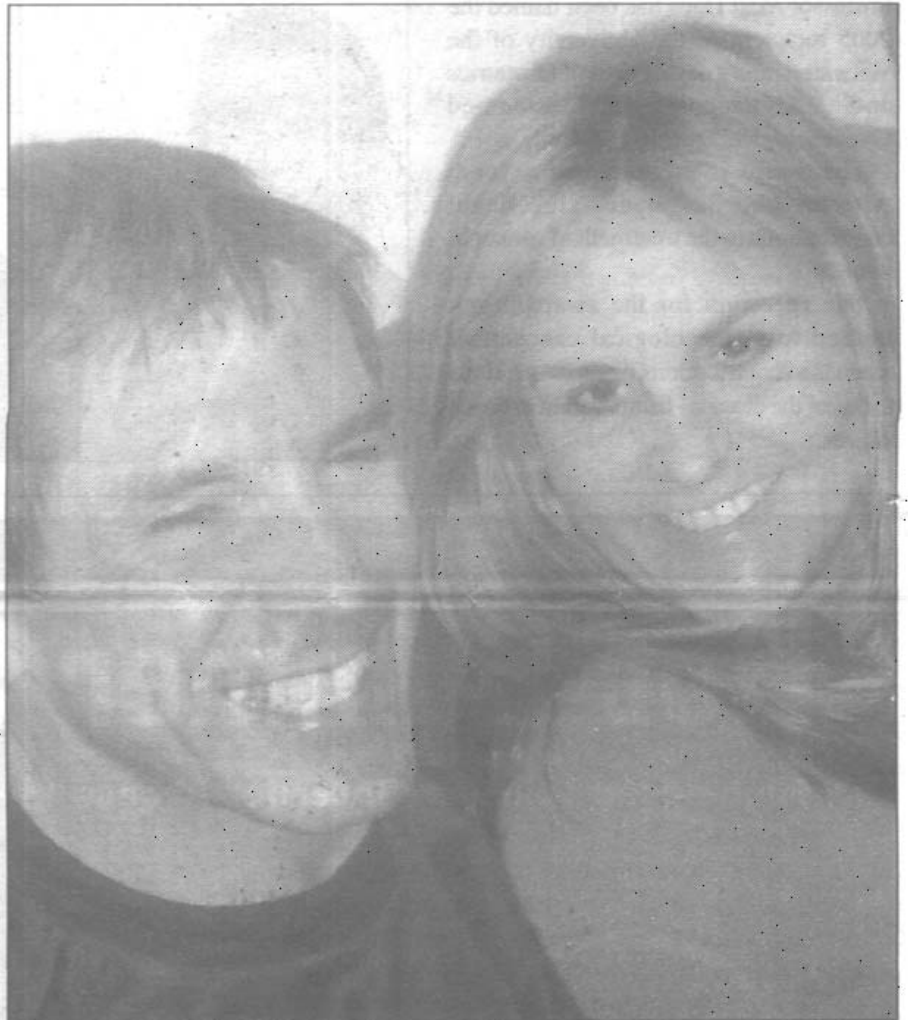
Janis was an exercise expert and began her illustrious fitness career when she created a form of calisthenics in South Africa. She went on to become an instructor on a television programme, *Body Beat*, and qualified as an international fitness trainer with two of the largest fitness organisations worldwide.

She was later dubbed master personal trainer by International Dance Exercise Association. She opened a fitness centre at her husband's studio and became a guru in her game, building the sport of spinning in South Africa.

Her latest venture was to make it big in Manhattan.

"Janis wanted to achieve her ultimate potential and knew that if she could make it big in the States, she had achieved her ideal.

"It was at this point, that Janis moved to America in hot pursuit of her dream. Over the last two years she did incredibly well and I'm proud to say - she made her mark," said Malcolm.



Malcolm and the late Janis Dorfman.

He added, "No man could have asked for more from a wife. I was honoured to have a soulmate like Janis. Her passing has left a void in my life.

"As a mother she passionately loved her three children, Darren Nathan, Terri

Braun and Saville Dorfman, and was an incredible stepmother to Shane Dorfman."

Janis rests in peace just outside Manhattan at the Old Montefiore cemetery.